

Training Objectives

To achieve the improvement and development of a child or adolescent within his/her physical, technical and mental capacities and to transmit confidence and assuredness of oneself in a competition / game.

Technique for Catching the Ball:

- on the ground
- mid body
- high balls (front and side)
- diving on the ground
- diving mid body

Technique for Deflecting the Ball:

- with the hand
- with the foot

Coordination Exercises / Throws to the Goal:

- from different angles
- from the center

Exercises of Speed and Reaction

Exercises of Technique, Tactics and Placement of Distribution:

- within the area: moving according to the movement of the ball
- ground Balls
- position for free kicks and how to organize the wall
- penalty kicks... etc.

TRAINING PROGRAM:

- Ground Balls
- Mid Body Balls
- High Balls, Combination
- Agility, Power, Speed, Reaction

Geovanny Salinas:

Director:

(National B License Holder)
(National Goalkeeping)
(Coaching License)

Goalkeeper Coaching Experience:

2011: Evaluator of players for ODP tryouts
2010 to present ODP Goalkeeper Coach
2009 September present :Goalkeeper Coach Boys and Girls Upper Arlington High School
2008 April Present: Flash SC Goalkeeper Coach Boys and Girls
2008 March Present: Blast FC Goalkeeper coach Boys and Girls
2007 March – August Red Bull Youth Division Goalkeeper Coach
2006 – February- St. John Vianny Soccer Club Goalkeeper Trainer
2005- Montclair State University Goalkeeper Trainer
2003- Evaluator of players for ODP tryouts
2003- June: Merlin Academy Goalkeeper Trainer
2003- May-August: Parsippany Soccer Club Youth Division Goalkeeper Coach
2003- June-August: Stallions' Soccer Club Youth Division Goalkeeper Coach
2002- September: Seton Hall High School Goalkeeper Coach
2002- July : Metro Stars Soccer Academy (Goalkeeper Trainer)
2001: Cougars United Soccer Club (Youth Division - Goalkeeper Trainer)
2001: Montclair Soccer Club (Youth Division - Goalkeeper Trainer)
2000: NJ/NY Metro Stars Reserve Team Goalkeeper Coach.
2001- NJ Imperials (American League): Goalkeeper Coach.
2000: Kean University Soccer Team, Union, NJ: Goalkeeper Coach

(Please circle the session you wish to attend)

SESSION 1: Sunday Time. 5:00pm to 6:00 pm

SESSION 2 :Sunday Time. 5:00 pm to 6:00 pm

COST

\$650.00 PER SESSION 1 hour (10 WEEKS)

Male _____ Female _____

Name: _____

Date: ____ / ____ / ____ Age ____

Address _____

City _____ State _____ Zip _____

Home Phone

Cell Phone _____

Parents' Names _____

E-mail _____

Emergency Contact _____

Phone #: _____

ParentSignature _____

T-Shirt Size (Circle one)

Youth: S M L XL

Adult: S M L XL

Enclose checks payable to:

Geosas Goalkeeper Academy

Address: Geovanny Salinas
4545 Krisggsby Blvd.

Hilliard, OH 43026

Telf: 614 771-6299

Geosas1@yahoo.com

www.geosasgoalkeeperacademy.com

**PARENT / GUARDIAN
CONSENT AND WAIVER :**

I hereby represent that the information provided is true and accurate. The named applicant is in good health and has my permission to participate in the Geosas Goalkeeper Academy Camp. I acknowledge that soccer is a contact sport and that there is a risk of injury from participating in the camp and its related activities. I HEREBY WAIVE AND RELEASE Geosas Goalkeeper Academy and its agents, servants and employees from any liability and claims for damage. In the event of an emergency, I hereby grant permission to such medical personnel as necessary to render treatment.

Parent/Guardian signature

Date

Indicate the session you want to attend below:

Session-1

SESSION 1 .Sundays (5:00 pm to 6:00Pm
Nov. 11-18-25 Dec. 2-9-16 Jan. 6-13-20-27

Session-2

SESSION 2. Sundays (5:00 pm to 6:00Pm
Feb. 3-10-17-24 Mar. 3-10-17-24-31
Apr. 7

Geosas1@yahoo.com

Tel: 614 771-6299

Also visit my website.

www.geosasgoalkeeperacademy.com

**GOALKEEPER
WINTER PROGRAM
2012 / 2013
COLUMBUS OHIO**



LOCATIONS

(TWO) Ten weeks sessions

Session-1

SESSION 1 .Sundays (5:00 pm to 6:00Pm
Nov. 11-18-25 Dec. 2-9-16 Jan. 6-13-20-27

Session-2

SESSION 2. Sundays (5:00 pm to 6:00Pm
Feb. 3-10-17-24 Mar. 3-10-17-24-31
Apr. 7

Location

SOCCER FIRST SPORT OHIO
6490 Dublin park dr.
Dublin, ohio 43016

